

FOOD & NUTRITION SERVICES









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DOES YOUR CHILD HAVE FOOD ALLERGIES?

It's important to us that we keep your child safe. We coordinate with the school nurse annually to flag your child's account with the food allergy(ies) stated the on doctor's note.

Sentitles to eat breakfast, daily choice Our breakfast menu offers many daily choices of kid-favorite and nutritious breakfast items Breakfast includes a grain and/or protein choice along with fruit, juice and milk.

Research studies show that kids who eat breakfast feel better and have higher scores on standardized tests. Many children's appetites don't wake up right away, so breakfast at school is a great on't wake up right away, so breakfast at school is a great option, is convenient, and it offers a healthy portion of protein, energy, vitamins and minerals for learning and growing.





School &

Meals Rock!



APPLICATIONS AVAILABLE IN ENGLISH AND SPANISH

ALL BREAKFAST MEALS INCLUDE:

- · main entrée
- fruit
- 100% juice







